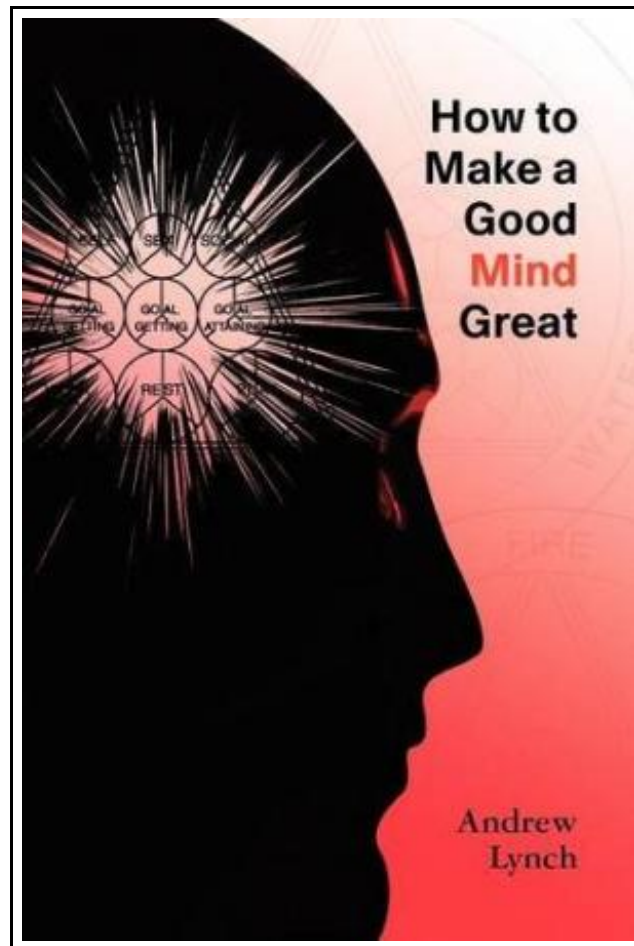


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Reviews

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(Prof. Maya Hand)

HOW TO MAKE A GOOD MIND GREAT (PAPERBACK)



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Jeremy Mills Publishing, United Kingdom, 2007. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.The only book ever to draw the big findings of NLP into one easy-to-use model How to Make a Good Mind Great provides the perfect solution for being in the right frame of mind at the right moment for the right length of time to get the result you want. We often talk about being in the right frame of mind to do something, and as soon as we think we re on the right path, suddenly find ourselves in exactly the wrong frame of mind to achieve our objective. How to Make a Good Mind Great provides the momentum and direction to remain focused and motivated right to the end. It runs on the best, most sophisticated piece of machinery we have ever known: ourselves! Unlike many other systems which rely upon you or I fitting into some framework or following a procedure which seems alien to us, How to Make a Good Mind Great works purely from the subjective template; how you or I work best. We all do many things very well indeed, often without realising - and takes those abilities and successes over to other parts of our lives where we would like to improve things further. Although we are each unique, complex and fascinating beings, there are structural similarities in our subjective experience which provides a great framework to utilise. This prompted the development of MindFrame Patterns(c); a model for how we all act within a standard operating procedure: most of us see, hear, feel, touch and smell the world around us. From there the innumerable complex differences spread out, but this simple starting point allows us to restructure what works...



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